



Newsletter

Sept 2021

Ryedale Special Families



RSF Welcomes Amanda Owen, The Yorkshire Shepherdess, as our patron

The appointment comes at a really exciting time for RSF as plans progress for our new purpose built centre in Pickering.

Amanda Owen said, 'I would like to thank Ryedale Special Families for inviting me to be a patron of their wonderful charity, I am both excited and hopeful at being given an opportunity to pay a part in helping raise their profile and in turn be able to raise valuable funds towards their new building project.'

Amanda met some RSF families, trustees and staff on our land in Pickering. Amanda has already done fundraising for RSF in the past, with fundraising 'an evening with...' events. She also donated the Ravenseat farm experience for auction prizes. **Now we are able to offer [Christmas cards](#) featuring Amanda's own photos, with proceeds going to RSF. These will be available in mid October and can be pre-ordered.**

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RSF Family Activities

Forthcoming activities, please contact the office if you would like to come along

Sunday 26th September, 10am to 6pm

Peat Rigg Outdoor Centre

A great favourite of RSF, spend the day on the zipwire, doing archery, building campfires and tackling team games, lots of different activities in a lovely woodland setting. Bring a picnic for lunch and Peat Rigg provide a fantastic BBQ for tea!

Places are limited and we have contacted those families who have already booked. If you would like to be put on the waiting list, please let us know.

We are sticking to outdoor activities and so they are weather dependent. Due to Covid it is difficult to provide transport at the moment, however, do get in touch if this is a problem, we may be able to help.



Sunday 3rd October, 11.30 to 4pm

Trip on the North York Moors Railway

Provided by the Malton & Norton Lions, this is a great day out. RSF families travel together in one carriage. The train goes from Pickering to Whitby and return and along the way the Lions have some musical entertainment and lunch.

Booking is essential, please contact the office. We will need to know who is attending, if you need wheelchair access and any dietary requirements.

Friday 29th October, 4pm to 7pm, Amotherby Village Hall

Family Support Group Halloween Party, all welcome!

Join us for a fancy dress competition, disco, games, spooky crafts and food (small charge applies)

PLEASE BOOK IN ADVANCE FOR THESE ACTIVITIES. Where possible, please have a rapid lateral flow test before attending and RSF sessions. These are freely available from schools and chemists.



Activities

Ryedale foodbank is Temporarily Closed

Whilst closed, the following Ryedale groups provide free food at their drop-ins:

Malton Free Fridge: The Wesley Centre, Monday, Wednesday, Saturday: 10am–1pm

Norton Free Fridge: Winston Court Community Centre, Norton, YO17 9BT; Tuesday and Friday mornings from 10.00am until 1.00pm

Pickering Foodshare: Ings Garth Community Centre, Pike Road, Pickering, YO18 8SY Wednesdays & Fridays between 10AM and 1PM.

Kirkbymoorside Community Fridge: Kirkby Methodist church, Wednesdays 10am-12pm

Rillington Free Fridge: Rillington Church Rooms, Thursdays 1030-1200

Edi's Pantry: Birch Avenue, Malton

You can also contact the following for help;

- Ryedale District council 06153 600666
- Ryedale Community Support 07922 421326
- Citizens Advice 0808 278 7900
- North Yorkshire County Council 01609 780780

DID Card

Disabled ID card

This is a nationally recognised identification card. By having it you do not have to have any paperwork proof with you to indicate a disability.

They are available to people in receipt of qualifying disability benefits including Disability Living Allowance (DLA), Personal Independence Payment (PIP) and a Blue Badge.

The card can be applied for online and this will cost you £15 for 2 years. A postal application is also possible and will cost £20 for 2 years.



Max Cards

RSF now stock Max Cards!

After hearing of so many people having difficulties getting these, we now have our own stock

The Max Card is a discount card for families of children with additional needs and foster families.

They can be used to get free or discounted admission across the UK.

In Ryedale it can be used at Go Ape, in Dalby Forest, the National Centre for Birds of Prey, Castle Howard, Eden Camp and Wolds Way Lavender .

Each venue has its own offer, check the website for details. The card is the property of the child with additional needs, so they must be present. In many cases the discount also covers accompanying family members

Children and young people up to the age of 25 years are eligible for one.

The card costs £5 and lasts for 2 years. In order to apply you will need to have proof of additional needs or disability, this could be a doctor's letter or a letter from DLA.

The cards can be bought from our [website](#).

RSF Family Support Group

The Family Support Group organise regular family activities, like the recent trips to the beach and Dalby Forest. These are for any family to attend, who would like to meet other families with children and young people with additional needs.

They also have regular coffee morning meetings and social trips to local restaurants for the older young people and adults. The committee members also attend other family activities.

The committee members also do a lot of fundraising for RSF and after a long time of not being able to attend any events, they have recently been to Meadowfest in Malton where they raised £343 and the Food Fair at Scampston Hall where they raised £312. Their next event will be at a fun day at the Smithy Arms in Swinton, following the Jack Cariss Tractor Run, which is also raising funds for RSF. This is on Sunday 10th October.



And following in the footsteps of her Mum who has done fundraising for years, our youngest member of the Fundraising committee is Edi.

Edi has raised funds for RSF and Scarborough Kent Ward, amongst others, she is a very busy person, starting her own 'Edi's Pantry' during lockdown which is a free food share at her home in Birch Avenue in Malton.

Her efforts have been so impressive that she was commended by the Malton & Norton Rotary Club, The 'Rotary Young Champion' award is made in recognition of the valuable contribution Edi made within our community and reflects one of the core values of Rotary in the giving of her time and labour in the service of others. In doing so, RSF received a further £300 as Edi's nominated charity, thank you so much Edi! And keep up the amazing work.

COMPETITION

The Family Support Group would like a new logo!

Design something which is colourful (maximum 6 colours) and has the words 'RSF Family Support Group'.

Please send your designs to RSF by the end of October half term and the winner will be decided at our AGM in November.

Every effort has been made to ensure the accuracy of the information in this newsletter. However, Ryedale Special Families can accept no liability for any matters in any way connected or arising out of this information. No recommendation is implied by the insertion of such information.